

Date: March 5, 2025

Dear families and staff,

With March Break coming up, Peel Public Health is working to keep schools safe and healthy.

Measles cases are rising in Ontario and worldwide. Symptoms include fever, cough, red eyes, and a rash. Measles can cause serious health problems like pneumonia, brain swelling and even death. Measles is highly contagious and spreads easily to people who aren't fully vaccinated.

The best protection is vaccination. Make sure your family is up to date, especially before traveling. Everyone age 6 months and older is eligible for up to two doses of MMR vaccine for travel protection.

Talk to your doctor to get vaccinated.

Make sure your child's routine vaccines are up to date, including for pertussis (whooping cough) and ughrw1(ing)5 0.r8uDe86(s)7(h)-22ugx-10(h)-2.6BT/C

a cough, runny nose, or other respiratory symptoms, protect others by wearing a tight-fitting mask for 10 days after symptoms begin, especially in public places and at gatherings.

If you have health questions or need help finding care:

- ◀ Call Peel Public Health at 905-799-7700 or 1-888-919-7800 (toll-free).
- ◀ Call Health Connect Ontario at 811 (available 24/7 in multiple languages).
- ◀ Talk to your healthcare provider.

Wishing you a happy and healthy March Break,

Peel Public Health

